



N° 0001

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KOMERAKids is a brochure to help encourage and motivate children during this time of confinement.

KOMERAKids is for children between the age of 7 and 10.

They can also learn quite a few things about God and about themselves, all while having fun!

Shalom!
KOMERAKids team!

Komera.kidsen@yahoo.com

**Contributed to this
brochure:**

BEECKMANS Anneleen
INGABIRE Clémentine
THOMAS Kerry

Brochure free to download:

www.lahoulette.be

Dear adventurer,

Do you want to go on a trip and have an extraordinary adventure? Yes?

Then come along with me and let's discover heroes and treasures in the Bible! On this quest, we will also look for tips and ideas that can help you have a good time with your family.

*To make this trip a success, you will need to do a few things, for example, read and answer questions, try challenges, etc. Then, if you would like, **and if your parents agree**, you can send me an email with your answers, or even questions that you may have.*

Are you ready to start this adventure? Then hop on the train « let's discover ... » Welcome on board!! Are you ready? Let's go!

Email: Komera.kidsen@yahoo.com

LET'S DISCOVER...

Bible references:
Exodus 31:1-5
Exodus 35: 30-35
Exodus 36:1

BEZALEL

What I like about the Bible passages

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.....

Try answering these questions:

1. Who is Bezalel ?-----
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.....
2. What is special about Bezalel? What talents did God give him? -----
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3. Why did God give him those talents? -----
.....
.....

If you want to, you can send me your answers: Komera.kidsen@yahoo.com

Just like Bezalel, God also gave you skills and talents to accomplish certain things. We call those natural talents. Every person on earth has natural talents!

To know what your talents are, you can do different activities, like arts, sports, music, etc. You will find out that there are things that you do easily and well, without too much effort. Your mom and dad can also help you discover your talents; they know you well and can tell you what you are good at. Maybe you can ask them now?

God gave Bezalel talents and told Moses about it. Then Moses recognized the talents God had given Bezalel. And what did Bezalel do? He got up and did what God asked Him to do, and he did it well.

You also received talents from God and others will see those in you. So what is left for you to do?
Use the talents God has given you

To think about

It's team work!

Goal: let's create a nice atmosphere in the house! So, for that to happen, you will need to put in a little bit of effort yourself to help make life easier for everyone in the house. **I'm counting on you!!**

Don't think « **I am little, so I can't help!** » Your mom and dad can certainly give you things to do that you are capable of doing. But everyone needs to help. That's what team work is - family team work!

And, hey! Here's a little secret between you and me: **that which you will do is very important, no matter your age!** » **We need you on board! You also can do important things! Don't ever forget that!**

If you have homework to do...

Take some time every day to do the exercises your teacher gave you or the ones in your school books.

But also, don't forget to have fun! Take a break and go play, sing, draw, ... Have some fun!!

Challenge of the day...

« Come up with one thing you can do today to help around the house: clean your room, set or clear the table, ... »

Enjoy the adventure!

In good shape !

Take care of your body!

KOMERA !

Since you will be at home a lot, you can do some physical exercises, even indoors if you don't have a garden or place to play outside! Organise a time to work out with your parents, alone, with siblings or even with the whole family! **ENJOY!**

<https://www.facebook.com/vineyard.brussels/videos/588122725124075/>

What's the weather like today?...

It is important to take care of your heart! If you don't feel well or you're feeling scared, it is important to talk about it with someone you trust, like your mom or dad!



ACTION!

« *How do you feel today?* » *Talk about it with your mom or dad, or with both.*

TIP!!! *use the « emo-meter » or use the emojis emotions on your parent's mobile phone to express how you feel.*

Why not do this exercise every day? It will help you to feel better. Don't keep your questions or pain inside. Pray about it and ask God to give you peace in your heart. You will see, **He will help you.**

Did you know?!

« KOMERA » is a word in Kinyarwanda (the language they speak in Rwanda) that means
« **HAVE COURAGE!** » « **BE STRONG!** »

It's sometimes used as a greeting, but in that case it means more than just « hello ». It means « hello and I wish you strength and courage »

Komera! is what you would say to someone who is going through a difficult time, either sickness, sadness, or anything else that is difficult.

So when you tell that person KOMERA, you wish him well and that he will get through this difficulty and come out strong and healthy.

KOMERA !

So imagine, you fell in the street and cry for help. When someone then answers back with KOMERA, you know someone is on their way to help you.

So now that you know the meaning of that word, for this time that you have to stay at home, I say to you:

« **KOMERA!** »