

# My Qualities, My Faults

This sheet will help you to identify different qualities and abilities that you have, as well as your weaknesses and faults. The goal is to know yourself better. You can use it to see what you can improve to become the best you possible!

## 1. My Qualities

a).....

Explain:.....

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b).....

Explain:.....

.....  
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c).....

Explain:

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## 2. My faults

a).....

Explain:.....

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b).....

Explain:.....

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c).....

Explain:.....

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